

#### MEDICAL UNIVERSITY - PLEVEN FACULTY OF MEDICINE

#### **DEPARTMENT OF PEDIATRICS**

#### Lecture № 14



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#### TUBERCULOSIS

Mono- ethiological disease with multiple clinical features and chronic type of inflammation



### ETIOLOGY

- Mycobacterium tuberculosis R. Koch 1882 : G pos. bacterium, 1.5-4 mcm, Zill -Nelson red colored
- Stationary, non capsules and spores forming bacteria
- Types : Typus humanus, bovinus, avium
- Obligative aerob
- Long reproduction- over 20 hours
- Stable in acids and detergents





### EPIDEMIOLOGY

- In 1945 Bulgarian incidence of TB: 595/100000
- In 1990:25/100 000
- In 1996 in Bulgaria incidence of TB increases to 40/100 000 and among children from 8/100 000 to 19/100 000 in 1996
- Reasons : lack of chemoprophylactic , lack of early diagnostic, non treated adults with TB, poor feeding, poor hygiene, narcotics, AIDS, etc.



### PATHOGENESIS OF TB

- M.tuberculosis contamination : aerogenic way, stomach and intestines, aerolymphogenic way, skin, trough the placenta
- Contagious index : 20%, only 5 % develop TB disease
- For children:
- respiratory way
- aero- lymphogenic way
- intestinal way
- skin
- TB source: sick people and animals: sputum, urine sample, puss, milk, excretions



### PATHOGENESIS OF TB

**1.Virulent (latent)TB infection**: infection with M.tuberculosis, no morphologic changes, positiveMantoux

**2.TB disease** : positive Mantoux and morphologic changes

Distribution of TB: near by, bronchial way, **lymphogenic way, hematogenic way** (last two play major role in childhood)



#### ACTIVE TB AND LATENT TB

	Active TB	Latent TB
Signs and symptoms	+	-
Tuberculin skin test	+	+
Blood test	+	+
Sputum	+	-
Chest X-ray	+	-
Treatment	+	+
Transmission	+	+



#### TB

- 1. Primary tuberculosis:
- lympho-hematogenic way
- No immune information
- Tendency for generalization
- Organization with calcium into the caseous focus

#### 2. Secondary tuberculosis

- Bronchial way
- Immunocompetent organism
- Local inflammation, cavernae, destruction, mainly pulmonary forms



#### TB CLASSIFICATION OF TURBAN AND GERHARD

1. TB intoxication in children and adolescents

- 2.TB of respiratory system
- a/primary forms
- b/secondary forms
- 3. Extrapulmonary tuberculosis:
- ♦ TB of the brain
- TB of intestines
- TB of bones and joints
- TB of the skin
- TB of peripheral lymphnodes
- TB of urinary tract
- TB of eyes
- Other forms of TB



### TB – PATHOMORPHOLOGICAL CHANGES

- Tuberculum (primary caseom) typical structure : central necrosis, epithelial cells, macrophages, lymphocytes, giant cells "Pirogov - Langhans"
- When healing: collagen, fibroblast cells, calcium
- When liquefying : proteolysis : central necrosis and caverna formation with oval forms and 3 zones: necrosis and caseosa, granulation tissue, fibrosis







#### PPD TEST – MANTOUX TEST

The test performing is in order to investigate TB sensitivity

- PPD tuberculin contains antigen bioproducts of M.tuberculosis
- Allergic reaction of type 4 with cellular immune response : macrophages, Th1, immunocytes
- Time for sensibilization 4-8 weeks
- O.1 ml intradermal PPD tuberculin, 72 hour interval reassessment
- Quantitative measurements : Negative : 0-5 mm, normal 6-14 mm, positive : over 15 mm
- Qualitative measurements : infiltration, induration, surface, color, lymphangitis, lymphadenitis, duration, pigmentation, desquamation, etc.





### **BCG VACCINE**

- Alive lyophilizate of BCG bacteria
- Invented by Calmette and Guerin in 1921



- Bulgaria has its one strain :374A1 with 5-7 year immunity coverage
- Primary vaccination : after birth all children up to 48 hour, revaccination 7-11-17 years with PPD test
- BCG vaccine is applied in dose 0.1 ml intradermal left shoulder
- Side effects : local : abscesses, lymphadenitis, osteitis , and general effects



## PRIMARY FORMS OF TB

#### 1. Primary TB complex

- Classical form of TB disease: 60% in upper lobes, mainly right lung
- 90% aerogenic way, 10% intestinal way : primary intestinal complex
- Triade: primary pulmonary affect +lymphadenitis + lymphangitis
- Evolution of the primary focus: healing or progression
- Complication with hematogenous forms, TB meningitis, exra-pulmonary forms





### CLINICAL FEATURES

- Intoxication syndrome : fever, sub febrile temperature, headache, failure to thrive, poor appetite, sweetening
- Loosing weight
- Cough
- No physical changes or diminished breathing sounds
- Diagnosis : anamnesis+epidemiology+physical examination+CBC, differential count+positive Mantoux test+ X - ray of the chest, ADA test
- Treatment: 8-12 months, healing with calcification



## PRIMARY FORMS OF TB

#### 2. TB of tracheo - bronchial lymph nodes

- Most typical form for TB in childhood, more than **70%** of all forms
- Mainly : paratracheal, bifurcation, bronchial and broncho- pulmonal lymph nodes
- Main form for extrapulmonary forms
- Two types:

Tumorous form

Infiltrative form



#### **CLINICAL FINDINGS**

- Flu-like syndrome with fever, dry cough, expiratory dyspnea, dysphonia, , dysphagia, atelectasis, etc.
- Asthma like syndrome with wheezing and recurrent cough
- CBC, differential count normal
- Mantoux test positive
- ADA, QuantiFERON test
- X ray of the chest , tomogram
- Complications : atelectasis, hypoventilation, pleuritis, fistula between the bronchus and the lymph node, TB of trachea and larynx, pneumonia caseosa, hematogenic dissemination, all forms of extrapulmonary TB start from this form
- Treatment is over an year



## HEMATOGENIC FORMS (HF) OF TB

- These are primary forms of TB with one stage or multiple stage dissemination into the lungs
- They are significantly decreased due to BCG vaccine
- Incidence is 1.08%
- HF can be primary dissemination or reactivation of secondary forms
- Main focus : intra-thoracic lymph nodes and lympho hematogenic way
- 5 types of HF TB infection :



### A. ACUTE TB SEPSIS

- Sepsis of Landousi
- Immunocompromised infants
- Generalized infection, alteration, typhus like clinical symptoms : high fever, adynamia, dyspepsia, headache, bronchial obstruction, tachycardia, hepatosplenomegaly
- Elevated ERS, leukopenia, neutrophilia, Eo-penia
- Pulmonary infiltrates on X- ray
- Poor prognosis
- Mantoux test could be negative anergia



### **B. ACUTE MILIARY TUBERCULOSIS**

- One- stage dissemination of TB infection
- Immunosupression
- All organs and tissues are infiltrated with miliar tuberculi 1-2 mm in interstitial tissue
- Clinical symptoms : intoxication, fever, dry cough, tachypnea, cyanosis, wheezy crackles
- Lymphopenia, monocythosis, albuminuria
- Negative Mantoux quite often
- X ray : hyperinflation of the lungs, miliar infiltration apico- caudal " star sky"









#### C. TB MENINGITIS

- Etiology: hematogenic way from pulmonary forms of TB or from the liquor
- Basal meningitis and vasculitis with sero- fibrinous exudate with yellow color
- Clinical evolution: prodromal period (viral disease symptoms, behavioral deviations, headache, fever, bradycardia, problems with accommodation) - 1-2 weeks
- Meningial syndrome period: persistent headache, fontan vomiting, skin hyperesthesia, bradycardia, seizures, ataxia, neck rigidity, pathological reflexes, opisthotonos, clonic muscle contractions, paralysis of n.oculomotorius, abducens, vagus and facialis.



#### **TB MENINGITIS**

- **Sopor and coma period :** bulbar symptoms, thermoregulation instability, paralyses of the extremities, death
- KAT : external hydrocephaly
- Anergic Mantoux test

Diagnosis : liquor diagnostic : high pressure of the liquor, pure liquor with xanthochromia, fibrin net, cellular - protein dissociation: slightly increased protein (0.8-1.5 g/l), hypoglycorrhachia and hypochlororrhahy, lymphocytes, cells 100-1000 mm<sup>3</sup>





### D. SUBACUTE HEMATOGENIC -DISSEMINATED TB (SHDTB)

- Important is the duration of the process and the character of the foci
- Multi stage infiltration of the lungs in short intervals, with intermittent improvement and worsening
- Apico- caudal way of infiltration, symmetry, interval of exacerbation 1 month
- Wave course with fatigue, poor appetite, insomnia, sweatening, dry non productive cough, cyanosis.
- X ray diagnosis : spotty shadows with different diameter, same intensity, confluation. Emphysema, cavernae.



### E. CHRONIC HEMATOGENIC DISSEMINATING TB

- In case of multi-resistent TB strains
- Multi stage dissemination, interval of more than 2 months
- Polymorphysm of the changes : exudative changes, cavernae, calcifications, fibrosis
- Symmetrical lung changes, cortico- pleural localization, mainly in the lung apex, emphysema, cavernae, sclerosis, cor pulmonale
- Chronic intoxication, cough, hemoptoe
- X- ray : shadows with different caliber and intensity, pleuritis, pericarditis, etc.



### SECONDARY FORMS OF TB

- 1. Focal TB
- 2. Infiltrative TB
- 3. Tuberculum
- 4. CavernousTB of the lungs
- 5. Pneumonia caseosa
- 6. Fibrous cavernous TB of the lungs
- 7. Cirrhosis of thelungs
- 8. TB pleuritis
- 9. Other forms of the TB of the air ways



#### TREATMENT OF TB

The treatment is in two phases:

- 1. Intensive phase: 3-4 medications, 2 months, till no bacteria are detected
- 2. Persistent phase : 3-9 months, 2 medications



#### ANTI TUBERCULAR DRUGS

FRIST LINE AGENTS

✓ISONIAZID(H)
✓RIFAMPICIN(R)
✓PYRAZINAMIDE(Z)
✓ETHAMBUTOL(E)
✓STREPTOMYCIN(S)

\*Aminoglycosides KANAMYCIN AMIKACIN \*Macrolides AZITHROMYCIN **CLARITHROMYCIN** \*Fluoro quinolones LEVOFLOXACIN MOXIFLOXACIN \*PARA AMINO SAUCYLIC ACID

SECOND LINE AGENTS

\*BEDAQUILINE \*CYCLOSERINE \*ETHIONAMIDES \*CAPREOMYCIN \*THIACETAMIDE



#### 1. Streptomycin

- Aminoglycoside antibiotic, broad spectrum, extracellular bacteria
- No passing haemato- encephal barrier, only in case of meningitis : penetrance of the brain is improving
- Ototoxicity, nephrotoxicity, cytopenia, allergy, transitory bleeding
- 20 mg/kg/daily i.m. once a day
- 1-3 months
- Audiometry



- 2. Rimicid (Isoniazid)
- Extracellular bacteria
- Passing well hemato- encephalic membrane
- Side effects: vertigo, nausea, hepatotoxicity, agranulocytosis
- Dose : 5-10 mg/kg twice a day after food orally
- Maximal dose400 mg
- Duration of treatment 12-15 month +Vit B 6



#### 3. Tubocin(Rifampicin)

- Antibiotic from rifampicingroup
- Passing hemato encephalic barrier
- Side effects : orange / red color of the urine, sweat, feces, tears and flam, skin itchiness, hepatotoxicity, anemia, thrombocytopenia
- Dose: 10 mg/kg once a day on an empty stomach, morning time
- Duration: 6-9months



#### 4. Pyrazinamid

- Effective in intracellular conditions : cavities, caverna
- Side effects : headache, nausea, myalgia, hepatotoxicity, hyperuricemia, anemia, thrombocytopenia
- Dose: 25-30 mg/kg twice a day orally
- Duration : 3-5 months

#### 5. Etambutol

- 20-25 mg/kg twice a day orally, after the second month: 15 mg/kg , duration : 6-9 months
- Side effects: neuritis n.opticus + vit.A



6. Corticosteroids:

- In case of serositis, in case of some disseminated forms and TB meningitis

#### 7.Anti- seizures medications

8.Diet - hypercaloric, reach of proteins

Vitamins and immunostimulators

**1phase**: 4 tuberculostatics: Rifampicin+Isoniazid+Ethambutol+Pyrazinamid+Streptomycin

**2 phase**: 2 tuberculostatics

Other medications: Ethionamide, Kanamycin, Cycloserin, Ofloxacin, etc.



# Thank you for your attention !

