

MEDICAL UNIVERSITY – PLEVEN FACULTY OF PUBLIC HEALTH CENTER FOR DISTANCE LEARNING



RADIATION DERMATITIS

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- The radiation responses of skin are referred to as radiation dermatitis. The intensity of radiation dermatitis varies, depending upon the radiation factors used as:
 - total dose
 - dose rate
 - fractionation of the dose
 - **different qualities** of radiation
 - biological factors (anatomical location, sex, age) etc.

- - The skin response during and after radiation therapy and in case of radiation accidents can be divided into the following stages (periods):
 - 1. Acute clinical period
 - 2. Subacute clinical period
 - 3. Chronical clinical period
 - 4. Late clinical period

1. The acute clinical period includes:

- a) Initial erythema. It is generally seen within a few hours to a few days and lasts only a day or so.
 - this type of skin reaction is largely due to capillary dilation caused by the release of histamine - like substances.
- b) **Dry desquamation**. This condition gradually develops after initial erythema.
 - The dry desquamation is characterized by atrophy of epidermal papilae, epidermal hypoplasia, and vascular changes.
 - If the radiation dose is very high, dry desquamation is generally accompanied by temporary epilation.

1. The acute clinical period includes:

- c) Erythema proper. The erythema proper generally develops in the third or fourth week.
 - The skin becomes red, warm, edematous, and tender, and it exhibits a burning sensation.
 - the erythema proper appears to be associated with obstructive changes in arterioles.
- d) Moist desquamation (Exudative Radiation Dermatitis). Some of the pathological changes include the following:
 - Blister formation in the epidermis
 - Permanent epilation
 - 🛚 Edema
 - Inflammatory cell infiltration
 - Damage of vascular and connective tissue
 - Dermal hypoplasia

1. The acute clinical period includes:

- e) Recovery of skin. The recovery of skin depends upon two factors: absorbed dose and severity of the skin damage.
- f) Development of necrosis. Necrosis of the skin after irradiation seldom occurs, however infection may cause also necrosis of the irradiated area.
- g) Hyperpigmentation. Following erythema proper, an increase in pigmentation, which is primarily due to an increase in the synthesis of melanin may occurs. The degree of pigmentation varies from one region of the skin to another in the same individual, and from one individual to another.

2. Subacute clinical period (1 month to 1 year)

- Signs of atrophy may appear. Pigmentation may fade and vitiligo may become established.
 - ulcerations may appear in an area of reepithelialization
- 3. Chronic clinical period (1 to 5 years)
- During this period, atrophy, ulceration, and deep fibrosis may be observed.
 - the skin after chronic exposure may show signs of epidermal hyperplasia and hyperkeratosis.
- 4. Late clinical period (> 5 years)
- Chronic radiation dermatitis may appear and is associated with an increase in the incidence of skin neoplasms, primarily squamous cell carcinoma.